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| **Long Furlong Medical Centre****Newsletter****September 2021** |
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| **FLU VACCINATION INFORMATION 2021****Due to national delays this year with flu vaccinations, we are still awaiting confirmation of delivery of adult aged 65 and over vaccines.****We apologize for any inconvenience this is causing but will keep you up to date with future clinic dates.** |
| **STAFF UPDATES**We are pleased to inform you of the following changes to staff.Philippa Atkins has been appointed as Assistant Practice ManagerKatie Steptoe has joined the surgery as Medical/Secretary/AdministratorSteph Ballard has joined the surgery as a Healthcare Assistant, taking over the role from Tara Gowen. |
| **AT RISK GROUPS**Anyone in the risk groups below is more likely to develop potentially serious [complications of flu](http://www.nhs.uk/Conditions/Flu/Pages/Complications.aspx), such as [pneumonia](http://www.nhs.uk/conditions/Pneumonia/Pages/Introduction.aspx) so it is recommended they have a flu vaccine every year to protect them:  Age 50 years and over Pregnant women Under 50 with an underlying chronic disease:  Respiratory disease including severe asthma or COPD  Heart Disease  Kidney Disease  Liver Disease  Neurological Disease  Spleen dysfunction or no spleen  Weakened immune system due to disease or drug treatment  If you are in receipt of a Carer’s Allowance  Those living with anyone with a weakened immune system* Frontline Health & Social Care Workers who are registered patients at the practice who are employed by a registered residential / nursing home or registered domiciliary care provider and health and care staff employed by a voluntary managed hospice provider who are directly involved in the care of vulnerable patients / clients aged 65 yrs+ who are risk from exposure to influenza.
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| **CHILDREN’S FLU INFORMATION****Children aged 2 and 3 yrs –** **Will receive the nasal vaccine at the GP surgery**. (Children who have a date of birth between 1/9/18 – 31/8/19 are eligible.) **Children School Year Reception - Year 11 (aged 15 years on 31/08/2021) – will receive the nasal vaccine at school this year.** (Childrenaged 3 on 31/08/21 and turn four afterwards are still eligible.) |
| **FLU CLINIC DATES & BOOKING****Appointments for all clinics can be booked by contacting Reception on 01235** **522379** (it will help us if you are able to call after 10am to book your appointment) or by booking online. |
| **CLINIC DATES 2021****ADULT’S AGED 65 AND OVER FLU VACCINE CLINICS****Where: at the surgery on****SATURDAY 16 OCTOBER 2021****ADULTS UNDER 65 FLU VACCINE CLINICS****Where: at the surgery on****4 OCTOBER, 11 OCTOBER, 16 OCTOBER****CHILDREN’S NASAL FLU VACCINE CLINIC****Where: at the surgery on****7 OCTOBER, 18 OCTOBER, 27 OCTOBER** **More clinics for adults & children will be offered as the vaccines become available. Please check our website for regular updates.**[**www.longfurlongmedicalcentre.co.uk**](http://www.longfurlongmedicalcentre.co.uk) |
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| **LONG FURLONG MEDICAL CENTRE | 45 Loyd Close | Abingdon | Oxon | OX14 1XR**[www.longfurlongmedicalcentre.co.uk](http://www.longfurlongmedicalcentre.co.uk) Tel: 01235 522379 |