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| **Long Furlong Medical Centre**  **Newsletter**  **September 2021** |
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| **FLU VACCINATION INFORMATION 2021**  **Due to national delays this year with flu vaccinations, we are still awaiting confirmation of delivery of adult aged 65 and over vaccines.**  **We apologize for any inconvenience this is causing but will keep you up to date with future clinic dates.** |
| **STAFF UPDATES**  We are pleased to inform you of the following changes to staff.  Philippa Atkins has been appointed as Assistant Practice Manager  Katie Steptoe has joined the surgery as Medical/Secretary/Administrator  Steph Ballard has joined the surgery as a Healthcare Assistant, taking over the role from Tara Gowen. |
| **AT RISK GROUPS**  Anyone in the risk groups below is more likely to develop potentially serious [complications of flu](http://www.nhs.uk/Conditions/Flu/Pages/Complications.aspx), such as [pneumonia](http://www.nhs.uk/conditions/Pneumonia/Pages/Introduction.aspx) so it is recommended they have a flu vaccine every year to protect them:     Age 50 years and over   Pregnant women   Under 50 with an underlying chronic disease:    Respiratory disease including severe asthma or COPD    Heart Disease    Kidney Disease    Liver Disease    Neurological Disease    Spleen dysfunction or no spleen    Weakened immune system due to disease or drug treatment    If you are in receipt of a Carer’s Allowance    Those living with anyone with a weakened immune system   * Frontline Health & Social Care Workers who are registered patients at the practice who are employed by a registered residential / nursing home or registered domiciliary care provider and health and care staff employed by a voluntary managed hospice provider who are directly involved in the care of vulnerable patients / clients aged 65 yrs+ who are risk from exposure to influenza. |

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| **CHILDREN’S FLU INFORMATION**  **Children aged 2 and 3 yrs –** **Will receive the nasal vaccine at the GP surgery**. (Children who have a date of birth between 1/9/18 – 31/8/19 are eligible.)  **Children School Year Reception - Year 11 (aged 15 years on 31/08/2021) – will receive the nasal vaccine at school this year.** (Childrenaged 3 on 31/08/21 and turn four afterwards are still eligible.) |
| **FLU CLINIC DATES & BOOKING**  **Appointments for all clinics can be booked by contacting Reception on 01235** **522379** (it will help us if you are able to call after 10am to book your appointment) or by booking online. |
| **CLINIC DATES 2021**  **ADULT’S AGED 65 AND OVER FLU VACCINE CLINICS**  **Where: at the surgery on**  **SATURDAY 16 OCTOBER 2021**  **ADULTS UNDER 65 FLU VACCINE CLINICS**  **Where: at the surgery on**  **4 OCTOBER, 11 OCTOBER, 16 OCTOBER**  **CHILDREN’S NASAL FLU VACCINE CLINIC**  **Where: at the surgery on**  **7 OCTOBER, 18 OCTOBER, 27 OCTOBER**    **More clinics for adults & children will be offered as the vaccines become available. Please check our website for regular updates.**  [**www.longfurlongmedicalcentre.co.uk**](http://www.longfurlongmedicalcentre.co.uk) |
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