

**LONG FURLONG MEDICAL CENTRE**  
**45 Loyd Close | Abingdon | Oxon | OX14 1XR**

**RISK ASSESSMENT FORM PRIOR TO TRAVEL**

Please visit the Travel Health Pro Website: <https://travelhealthpro.org.uk/> to check the vaccination requirements for your chosen destination. Then complete this form and return to Long Furlong Medical Centre, at least 5 working days prior to your appointment with the nurse. Thank you.

Personal details						
Name:			Date of birth			
NHS No:			Male [ ] Female [ ]			
Easiest contact telephone number			E mail			
Dates of trip						
Date of departure						
Return date or overall length of trip						
Details about destination(s)						
Country <u>and</u> location to be visited		Length of stay		Away from medical help at destination, if so, how remote?		
1.						
2.						
3.						
Do you plan to travel abroad again in the future?						
Please tick as appropriate below to best describe your trip						
1. Type of trip	Business	<input type="checkbox"/>	Pleasure	<input type="checkbox"/>	Other	<input type="checkbox"/>
2. Holiday type	Package	<input type="checkbox"/>	Self organised	<input type="checkbox"/>	Backpacking	<input type="checkbox"/>
	Camping	<input type="checkbox"/>	Cruise ship	<input type="checkbox"/>	Trekking	<input type="checkbox"/>
3. Accommodation	Hotel	<input type="checkbox"/>	Relatives/family home	<input type="checkbox"/>	Other	<input type="checkbox"/>
4. Travelling	Alone	<input type="checkbox"/>	With family/friend	<input type="checkbox"/>	In a group	<input type="checkbox"/>
5. Staying in area which is	Urban	<input type="checkbox"/>	Rural	<input type="checkbox"/>	Altitude	<input type="checkbox"/>
6. Planned activities	Safari	<input type="checkbox"/>	Adventure	<input type="checkbox"/>	Other	<input type="checkbox"/>
Personal medical history						
Do you have any recent or past medical history of note? (including diabetes, heart or lung conditions)						
List any current or repeat medications						
Do you have any allergies for example to eggs, antibiotics, nuts or latex?						
Have you ever had a serious reaction to a vaccine given to you before?						
Does having an injection make you feel faint?						
Do you or any close family members have epilepsy?						
Do you have any history or mental illness including depression or anxiety?						

Have you recently undergone radiotherapy, chemotherapy or steroid treatment?
<b>Women only:</b> Are you pregnant or planning pregnancy or breastfeeding?
Have you taken out travel insurance and if you have a medical condition, informed the insurance company about this?
Please write below any further information which may be relevant

**The immunisation history that we have on record for you is provided below: Please add any further information that you have in the following table: Vaccination History**

Vaccination history					
Have you ever had any of the following vaccinations/malaria tablets and if so when?					
Tetanus		Polio		Diphtheria	
Typhoid		Hepatitis A		Hepatitis B	
Meningitis		Yellow Fever		Influenza	
Rabies		Jap B Enceph		Tick Borne	
Other					
Malaria Tablets					

For discussion when risk assessment is performed within your appointment:

I have no reason to think that I might be pregnant. I have received information on the risks and benefits of the vaccines recommended and have had the opportunity to ask questions. I consent to the vaccines being given.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

**When complete, please return your form to Long Furlong Medical Centre, for the attention of the Practice Nurses, we will then contact you to arrange your appointment once form has been reviewed and the vaccinations are in stock.**

- Email: [receptionists.longfurlong@nhs.net](mailto:receptionists.longfurlong@nhs.net)
- Post: Long Furlong Medical Centre, 45 Loyd Close, Abingdon, Oxon, OX14 1XR
- Or
- By hand to reception or when we are closed: please leave in the mailbox by the front entrance.

**FOR OFFICIAL USE**

Patient Name: \_\_\_\_\_ NHS No: \_\_\_\_\_

Travel risk assessment performed Yes [ ] No [ ]

**Travel vaccines recommended for this trip**

Disease protection	Yes	No	Patient declined vaccine	Vaccine name, dose & schedule for PSD
Hepatitis A				
Hepatitis B				
Typhoid				
Cholera				
Tetanus				
Diphtheria				
Polio				
Meningitis ACWY				
Yellow Fever				
Rabies				
Japanese B Encephalitis				
Other				

**Travel advice and leaflets given as per travel protocol**

Food, water and personal hygiene advice		Travellers' diarrhoea		Blood and bodily fluid infection risks e.g. Hepatitis B	
Insect bite prevention		Animal bites		Accidents	
Insurance		Air travel		Sun and heat protection	
Websites		SMS vaccines reminder service set up			
Travel record card supplied		Other			

**Malaria prevention advice and malaria chemoprophylaxis**

Chloroquine and proguanil		Atovaquone + proguanil	
Chloroquine		Mefloquine	
Doxycycline		Malaria advice leaflet given	

**Further Information**

e.g. weight of child

Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_